

You have the right, as a patient, to be informed about your condition and the recommended surgical, medical, or diagnostic procedure to be used so that you may make the decision whether to undergo the procedure after knowing the risks and hazards involved. This disclosure is not meant to worry or alarm you; it is simply an effort to make you better informed, so you may give or withhold your consent to the procedure.

Introduction

Nitrous oxide (also known as “laughing gas”) is a colorless, odorless gas that is used during procedures for relaxation and anxiety relief. It is opioid-free and non-addictive. When inhaled, it can induce feelings of euphoria and sedation. It also can produce sensations of drowsiness, warmth and tingling in the hands, feet and mouth. It will not induce unconsciousness in the office setting. You will be able to swallow, talk and cough as needed. Sedation with nitrous oxide has limitations and risks, and absolute success cannot be guaranteed. You will be able to rationally respond to questions and directions. For some people nitrous oxide sedation may not calm them adequately to allow a medical procedure to be done. These people may require referral for other sedation techniques.

Contraindications

Please let us know if you have any of the following medical conditions, because we may not be able to safely use nitrous oxide: use of first trimester of pregnancy, Vitamin B-12 deficiency, acute respiratory infection , severe emphysematous bleb, inner ear or eye surgery within the past two weeks and bowel obstruction. Please tell us if you have eaten in the past two hours. Please tell us if you have used any recreational drugs in the past week.

Please check yes or no to the following:

- 1) Do you have an emphysematous bleb? Yes No
- 2) Do you have pneumothorax? Yes No
- 3) Have you had inner ear and/or eye surgery within the last two weeks? Yes No
- 4) Do you have a vitamin B-12 deficiency? Yes No
- 5) Have you had bleomycin chemotherapy within the past year? Yes No
- 6) Is there any possibility that you could be pregnant? Yes No
 - a. If no, why not? No uterus Other: _____

After the procedure

Recovery from nitrous oxide sedation is rapid. The gas will be flushed from your system with oxygen. If you feel dizzy after the sedation, remain seated and the sensation should pass in a few minutes. Do not leave the office until your head feels clear, and you are able to function (i.e., walk and drive) safely.

Risks of nitrous oxide

You may feel nauseated, dizzy, drowsy or claustrophobic during and after sedation. Sweating may occur during the procedure and you may become somewhat flushed during administration of nitrous oxide. Some patients will talk excessively. Although not common, you may experience shivering at the end of the sedative procedure when the nitrous oxide has been terminated. You may not feel capable of driving after nitrous oxide. If this occurs, we will keep you until you feel better or have you call a friend or cab to insure your safety.

Alternatives to nitrous oxide

You may choose not to use nitrous oxide and complete your procedure without any treatment for anxiety. I hereby authorize _____ Urology to use nitrous oxide. I certify that I have read this form or have had it read to me and my questions have been adequately answered and that I fully understand its contents.

Patient’s signature

Date of signature

Patient’s printed name

Date of birth

Provider’s signature

Date of signature